

TALKING TO YOUR HEALTHCARE TEAM

The more you share with your healthcare team about your loved one's urea cycle disorder, the more your healthcare team can help. Use these tips to start the conversation with your healthcare team:

Share your concerns. Don't be afraid to tell your healthcare team if you're worried about your loved one's health.

Don't be embarrassed. If you don't understand, ask for a clear explanation because it's better to know than to leave confused or unsure.

Be clear. Try not to say, "My child doesn't feel right." Be specific. For example, "My child has been having severe headaches after eating certain foods."

QUESTIONS TO ASK YOUR HEALTHCARE TEAM

How is my loved one doing compared to the last appointment?

How often should I have my loved one's ammonia levels checked?

What are my loved one's options to help control symptoms related to his or her urea cycle disorder?

Are there risks or side effects with taking medicines to help control symptoms related to my loved one's urea cycle disorder?

Use this space for any additional questions you or your loved one may have for your healthcare team.
